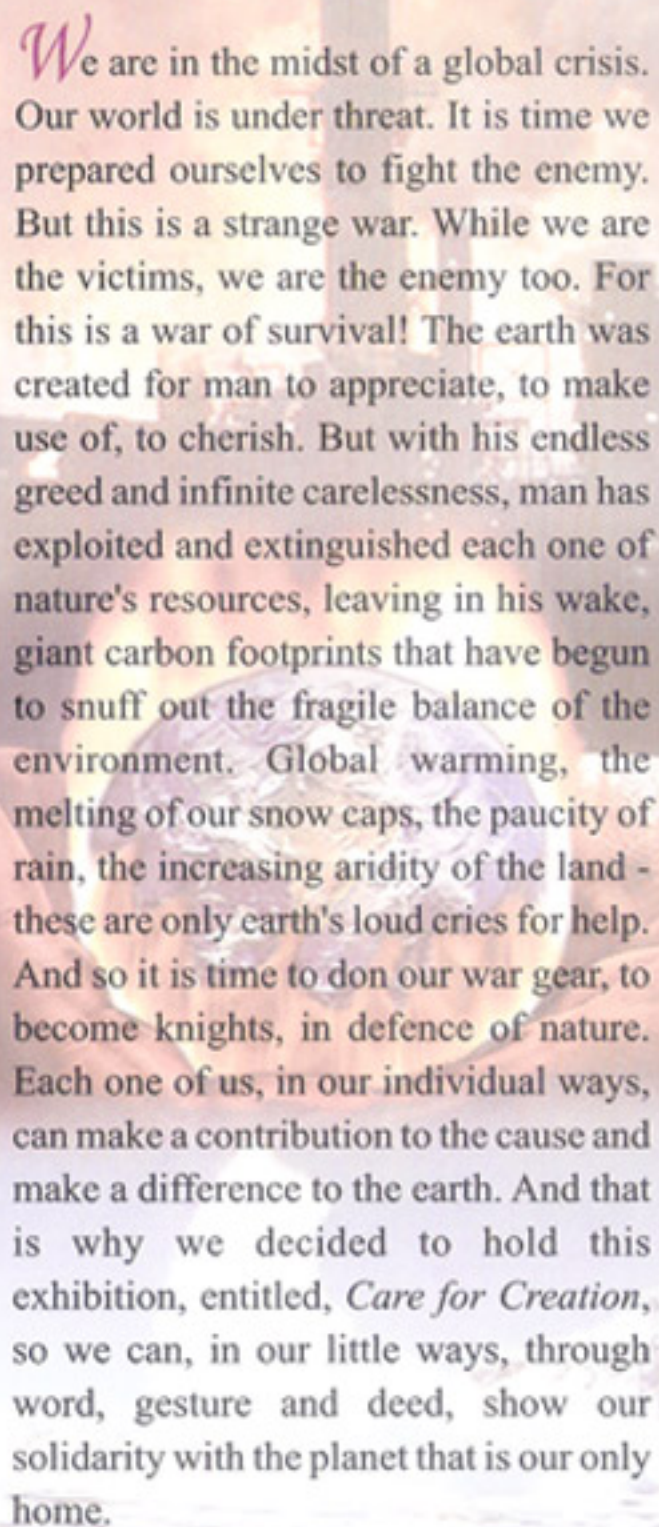


Holy Name High School
Presents

Care for Creation

An Exhibition to make a difference



A person's hands are shown holding a small, clear globe of the Earth. The background is a soft-focus image of a sunset or sunrise over a body of water, with warm orange and yellow light reflecting on the surface. The text is overlaid on this background.

We are in the midst of a global crisis. Our world is under threat. It is time we prepared ourselves to fight the enemy. But this is a strange war. While we are the victims, we are the enemy too. For this is a war of survival! The earth was created for man to appreciate, to make use of, to cherish. But with his endless greed and infinite carelessness, man has exploited and extinguished each one of nature's resources, leaving in his wake, giant carbon footprints that have begun to snuff out the fragile balance of the environment. Global warming, the melting of our snow caps, the paucity of rain, the increasing aridity of the land - these are only earth's loud cries for help. And so it is time to don our war gear, to become knights, in defence of nature. Each one of us, in our individual ways, can make a contribution to the cause and make a difference to the earth. And that is why we decided to hold this exhibition, entitled, *Care for Creation*, so we can, in our little ways, through word, gesture and deed, show our solidarity with the planet that is our only home.

We intend to make this exhibition a statement on the state of our planet's health and what we, as concerned citizens can do. This is especially relevant today, as we celebrate the sixty third anniversary of India's independence on August 15th. As a nation, if we are to move confidently forward into the next century, if we are to give our children the environment it requires to flourish, we each need to contribute our mite. Only then can we have an earth safe for our children.

We seek your support and co-operation in making this an enriching experience. Help us to make a difference.

Fr. Michael Pinto
Principal



Themes

K.G.

Food Fundas: Health in your hands! To love the world is to love yourself as well. And if you love yourself, what better gift can you give yourself than health? But for that you must be conscious that food is the staple ingredient of health. To choose the right food is to choose nutrition, energy and vitality for a lively day of work and play! So avoid junk food,



STD I

Beastly Tales: Animals are magic! Animals are a miracle! Vast and various, a collage of colours and capabilities! A treat to the eyes, a treasure for the heart, an experience to appreciate! And yet, as we grab more and more of their habitat, animals vanish from this earth. Let us learn to respect and love them. It is their earth we are occupying.



STD II

Plant Paradise: Plants are not only our oasis, they are our very life breath! They not only look beautiful, they are vital for our health. So, go green! Plant a sapling! Let the concrete jungle that our cities have become have their little pockets of paradise. And let us spread the message 'A sapling a day, keeps global warming at bay'!





STD III

Wealth out of waste: Look at nature! Everything is reused, recycled, reclaimed. Today's waste is tomorrow's wealth. Whether it is dung or rotting leaves, vegetable waste or even carcasses, nature has a use for everything. If we can pick a leaf from her, we will then learn to use our imagination and creativity to explore various uses for the immense waste that our materialistic lifestyle generates. For starters, we can all begin vermiculture pits in our neighbourhood for organic manure!

STD IV

Heal at home: Illness brings on fears and anxieties that are unsettling. And with advances in medical science, we have a large array of allopathic medicines for every ailment, which however, are not without their side effects. Nature's remedies, by contrast, are both simple and effective. Herbs like turmeric, leaves like tulsi and neem, pods like garlic all have enormous curative and recuperative powers. Plant them in your kitchen garden. And watch children bloom in health!



STD V

Friendly not Frenzied Festivals: Festivals are celebrations! But celebrations need not be noisy or destructive. Their expression need not disturb our neighbourhood or pollute our resources. If we can in our little ways tone down the noise, make use only of eco friendly material for celebrations, if we can avoid air and water pollution, then every day will become a festival!



STD VI

Pollution Pains and Perils: Cities are smog centres today. Our roads are choked and so are our lungs! Even the air is no longer safe. And we are gasping for oxygen. Our waters are filled with industrial waste, our food with chemical pesticides. And with our mangroves being destroyed, we are a people in peril. The use of cycles and car pools are methods to ease traffic congestion. Protesting against genetically modified foods is a way to preserve nature. Take a stand. We have only one earth to protect.

STD VII

Conserve and Care: What is easily available is wasted. And that is why we do not conserve water, or preserve trees or reuse our paper. If we realized that each natural resource is precious and at the rate at which we are consuming it, it will cease to last, we will take steps, even if small ones, to preserve energy like switching off fans, like not wasting paper, like using water with care. Only then, will we have something to leave behind for our grandchildren.

STD VIII:

Reviving Nature for Future: To know that the earth is surrounded by water, that there is water, water, everywhere, but not a drop to drink, is a frightening thought. But we are slowly heading there! And so, while we still have rainfall regularly, it is time to harvest it for the months ahead. Today, rainwater harvesting is a reality. Let us not allow the waters to drain away. Let us collect every valuable drop. It is the drop of life. The energy crisis that the country is facing is getting graver and graver by the minute and it is our responsibility to save energy for creating a secure future.



STD IX:

Global warming, a ticking time bomb: As temperatures soar world over, as winters shrink and waters expand, we are on the very verge of a global collapse. But can we do anything to prevent this speedy deterioration? Yes, indeed! By releasing fewer gases into the atmosphere, using fewer vehicles, conserving our dependence on air conditioners and preventing the release of Chlorofluoro carbons, through the use of spray cans, we can contribute our mite towards nurturing our world!



STD X:

Health and hygiene
:Our cities stink.
Almost every street corner has huge hillocks of garbage, open, and exposed. On them are swarms of flies; and we complain of malaria . From saying 'no', to spitting on the roads, to campaigning for better garbage disposal management, we have to join hands to clean up and clean out our cities. Good health ,good habits, good exercise and the right nutrition all help to create a healthy mind in a healthy body.



Holy Name Nature Club

WATER IS PRECIOUS. SAVE WATER.

KEEP OUR PLANET CLEAN & GREEN.

**EVERY 3000 SHEETS OF PAPER COST
US A TREE. TOGETHER WE CAN HELP
PRESERVE THE ENVIRONMENT.**

**WITHOUT EARTH AS OUR CREST
HOW CAN WE GET REST,
SO PLANT SOME TREES
AND WE WILL GET GOOD BREEZE.**

Exhibition Timings

Secondary : 8.00 a.m. - 9.30 a.m.

Primary : 9.30 a.m. - 10.30 a.m.

K.G. : 10.30 a.m. - 11.00 a.m.

(Exhibition will remain open till 11.30 a.m.)

Attendance will be taken.

**SAVE ENERGY.
FOR A BRIGHT
TOMORROW.**

**SAVE
WILDLIFE**

**EAST OR WEST.
MOTHER EARTH
IS THE BEST.**

**SAVE
WATER**

